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BAKESHOP

Original Recipe



Childs Apron, Chef's Hat and Oven Mitts by Melissa Stramel

Hi! I'm Melissa Ann from [Lilac Lane](#). I'm SO excited to share my first goody with you. Today we are making a child's apron, chef's hat and play oven mitts. If you would like to win the ensemble pictured above, hop on over to my blog. I'm having a giveaway for it! Otherwise, here are the instructions you need to make it for yourself. In fact, one jelly roll makes two complete sets. Yummy! Enjoy.



Ingredients:

- 1 delicious jelly roll of [Hunky Dory](#) by Chez Moi
- 1/2 yard of coordinating fabric
- 1/2 yard double sided fusible quilt batting
- 6 inches by about 20 inches of a soft knit fabric

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Instructions:



Step 1. Choose eight fabric strips from your jelly roll. Make sure you really like them and that the same colors are neither next to each other nor at the same place from the other end. (the second and seventh strips should not be the same color, also the 1st and 8th, 3rd and 6th, 4th and 5th.) Sew them all together using 1/4" seam allowance. (Yes! I'm a quilter.)



Step 2. Zigzag or overlock all your seams. My son calls this "going zigzag." It takes a bit but ensures your seams won't fray. Then press the seams all the same direction.

THE CHEF'S HAT



Step 3. Cut 8 - 2 1/2" strips across the 8 rows you just sewed together. Turn these back and forth so that every other row is the same and sew together with 1/4" seam.



If you pressed your seams the same direction in step 2, they will lock together in the back and make really nice looking squares on the front. They should look something like this.



And here is the front. The seams match really well this way.



Step 4. Zigzag again (sigh). Then press. Fold your piece of fabric in half.



Then fold in half the other way, making a square.



Step 5. There will be two folded sides. Taking your ruler, mark eight inches from the corner between the two folded sides. Mark the eight inches at several points, forming an arc. A compass would be good for this. Join the marks and cut.



You will have a nice circle.

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Step 6. Sew two rows of gathering stitches all around the circle at 1/4 and 3/8 inches from the edge. For my sewing machine, this means setting the stitch length to 5. Pull up the gathers some, but not too much. You want this part of the hat to be a little bit bigger than the band.



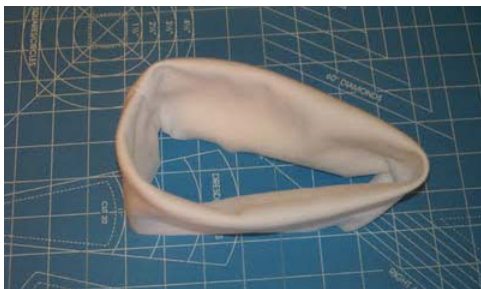
Step 7. Measure the child's head. In the absence of a child to measure, my two year old measures 19 inches, four year old 20 inches and 6 year old 21 inches. This hat fit all three of them.



Step 8. Cut a piece of stretchy knit fabric six inches wide by one inch less than the child's head circumference. For this hat, I used six inches by 19 inches.



Step 9. Sew across the knit fabric. This was probably the hardest step for me as my machine does not like knit fabrics. I went over it two or three times. If your machine has a stretch stitch, this will greatly help.



Step 10. Fold the hat band in half. It should look like this.



Step 11. Pin the gathered part of the hat into the hat band. Since the band is very stretchy, it's okay if the gathered part is bigger -- you can ease it as you go.



Step 12. Sew all the way around the hat, joining the hat band to the gathered fabric. I used a seam just a bit larger than 3/8 inches so that I didn't have to pull out the gathering thread when I was finished. I find that it is a bit easier if you put the gathered part on top and the knit on the bottom against the feed dogs. Then, you guessed it, zigzag all the way around your seam.



Hat's finished!

THE APRON



Step 13. Take the remaining fabric you sewed together earlier. I told you to make sure you really liked it! It should be about 23 inches. Cut it in half (two 11 1/2" pieces.)

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Step 14. Set the two pieces side by side. Sew together and finish seam.



Step 15. Fold the edges over and press 1/4 inch, and then 1/4 inch again. Sew down this seam about 1/4 inch from the edge to finish it.



Step 16. Choose a strip to edge the bottom of the apron. Press a 1/4" seam down each side and then press the whole thing in half. On the end you will start with, press a 1/4" seam on the short (2 1/2") side of the fabric.



Step 17. Open up your pressed strip and sew along the first pressed indentation. Sew with the right side of the strip facing the wrong side of the bottom of the apron. When you reach the end of the apron, cut about 1/4" extra, fold this in to be even with the end of the apron skirt and sew across to the end of the apron skirt.



Step 18. Fold the edging over to the front side of the apron and edge stitch across it.



Step 19. Choose four strips for the apron ties. Similar colors would probably look nicest. Set these aside for just a bit.



Step 20. Choose four colors for the apron bodice and for the oven mitts. If you are making this for a bigger child, this would be a good place to add a strip or two. Sew them together with 1/4" seam. No need to zigzag the seams this time (hooray!) Cut the strip of four sewn strips into 4 - 8 inch squares and 1 8 x 9 inch square. Also cut a piece of coordinating fabric to 8 x 9 inches. Set the four 8 x 8 inch pieces aside for later.



Step 21. Gently curve the corners of the top of the bodice.



Step 22. With right sides together, sew all the way around the apron bodice and apron facing (coordinating fabric) with 1/4" seam. Clip the curves. Turn inside out and press. Make two large button holes approximately 1 1/2 inches in from each side and 1/2 inch from the top.



Step 23. Now take the four tie pieces. Sew two together at the short ends and then the other two together in the same way. Then pin the two ties together. Pinning is a must here! Leave a twenty inch gap centered in the middle of the ties. I marked this with two pins. Sew all the way around everything but the marked twenty inches in the middle.



Step 24. Clip the corners and then turn the whole thing inside out. Press it flat. Then press a 1/4" seam into the center part which wasn't sewn.



Step 25. Center the apron bodice into the tie. It will be a little sandwich: apron bodice between two unsewn tie pieces. Gather the apron skirt across the top like you did with the hat. Adjust your gathers so that the skirt is two to three inches wider than the bodice on each side. Then center the apron skirt into the tie in the same way.



Step 26. Edge stitch around the entire thing. I like to edge stitch all the way around the ties so you never have to worry about them getting a little wonky when you wash the apron. Check the back when you're finished to make sure you caught the back side of the tie. If not, rip out a little and try again. If you caught it all, then great! Move on to the next step.



Step 27. Choose a fabric for the strap and cut it down to 30 inches. If you are enlarging the pattern, make it a little bit bigger. Make a strap exactly how you made the bottom trim in step 16. Edge stitch all the way around this piece.



Step 28. Thread one side through and knot two or three times so that it won't come out of the button hole. Then thread the other side through and knot once or twice so that it will, with effort, come out of the button hole.



The placement of the knots will determine the length of the apron.

THE PLAY OVEN MITTS

Note: These oven mitts are for play only and not to be used in a real oven.



Step 29. Take the four 8 x 8 fabric pieces you already cut and then cut four 8 x 8 pieces for facing from the coordinating fabric. Also cut four 8 x 8 or a little larger pieces of the quilt batting.



Step 29. Make this into a quilt sandwich by ironing the front fabric to one side and the back fabric to the other side. Then quilt it by sewing down the seam lines or any other look you would like to quilt.



Step 30. Trace a large mitten around the child's hand or [download the PDF file](#) I have made. Then position the hand onto each of the four quilt sandwiches and cut out. It's VERY IMPORTANT to cut two one direction and two the other. In other words, the best way to do this is to place two fabrics with the facing sides together and cut both at the same time. Otherwise, you will end up with the facing showing on one side of the mitt.

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Step 31. Sew all the way around the mitt and clip the curvy parts and the thumb indentation part.



Step 32. Turn the glove right side out and press. Measure across the opening. Take this measurement times 2 and then add 1/2 inch. Mine is 4 inches across. Taking it time 2 is 8 inches and and extra half inch is 8 1/2. Cut a strip this size. Press it as you did in step 16. Then open it up and sew the two ends together.



Step 33. Then fold it back on its fold lines and position over the mitt. Edge stitch all the way around. Check the inside to make sure you caught everything. If you did, you're finished! Congratulations!

Yield:

2 aprons, 2 chef's hats, 4 play oven mitts
Happy baking!

Love,

Melissa Ann

<http://melissasilacane.blogspot.com/>



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