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BAKESHOP

Original Recipe



Hugs and Kisses Quilted Table Runner

// Moderate

Ingredients:

Quilt Top:

1 pkg. charm squares (I used a layer cake and trimmed them down to 5" x 5")
1/2 yd. white (a background fabric contrasting with your charm squares)
1/3 yd. inner border fabric

Binding:

1/3 yd. grey or coordinating fabric

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Backing:

1/2 yd. grey or coordinating fabric (your runner will be reversible, so pick a fabric that looks great all by itself)

Instructions:

Choose your favorite 16 squares from the charm pack. They need to be darker or bolder than your background fabric (my background fabric is white). Six of these 16 squares will be turned into X blocks, while the remaining 10 will become O blocks. If you have any large prints that you want to show off, set those in your X stack.

White Squares:

Cut your white or contrasting fabric into 20 5" squares.

Cutting the X Block:

Line up four X squares perfectly on top of each other. Cut a 3" x 5" rectangle, leaving you with another rectangle measuring 2" x 5", which you will set aside for a moment. Cut a 3" square from your 3" x 5" rectangle. This is the center of your X block. Use the remaining pieces to cut 5 sets of 1 1/2" squares. (You will use four of these squares in the X block and the fifth set of squares will be used in the outer border of the quilt.) Cut the remaining two charm squares the same way.

Cut 10 of your white 5" squares in this same way as well.

Your X Block will be cut like this:

**Cutting the O Block:**

Line up four squares perfectly on top of each other. Just like with the X Block, cut a 3" x 5" rectangle, leaving you with another rectangle measuring 2" x 5". From your 3" x 5" rectangle, cut three rectangles measuring 3" x 1 1/2". From the 2" x 5" rectangle, cut one rectangle measuring 3" x 1 1/2". You will have a spare 1 1/2" square that you can use in the outer border of the quilt.

Cut 6 of your white 5" squares in this same way as well.

Your O Block will be cut like this:

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Cutting the Triangles:

With the remaining four white 5" squares, cut across the diagonal, like this:



Cutting the Inner Border:

You will need 3 strips of the inner border, 1" wide.

Cutting the Squares for the Outer Border:

Using the remaining uncut charm squares, come up with 130 little squares measuring 1 1/2" x 1 1/2".

Ready to Sew!

Start with your X Blocks. Lay out your block like a 9 Patch. THE CONSISTENCY IN SIZE OF YOUR SEAMS IS EXTREMELY IMPORTANT! Keep it right at 1/4". Always.

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Sew into three small rows, like this:



Press the seams away from the lighter fabric and towards the darker fabric. Then sew those three little rows together:



If you've pressed your seams correctly and maintained that 1/4" seam, your pieces should nest perfectly as you sew along.

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Press these seams toward the dark center of the X Block:



Your O Blocks will be done the same way, with the exception of the direction you press the seams. Always press away from the lighter colored fabric.

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Lay out your blocks the way you like them.

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Sew into rows.



Press the first row one direction, the second row in the opposite direction, the third the same direction as the first row, etc. Then sew your rows together, remembering to nest those seams perfectly together.

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It's time to square off your corners. You want each end of your runner to be perfectly square, while the sides of your runner need to meet at a 135 degree angle, if that makes any sense at all...Like this:

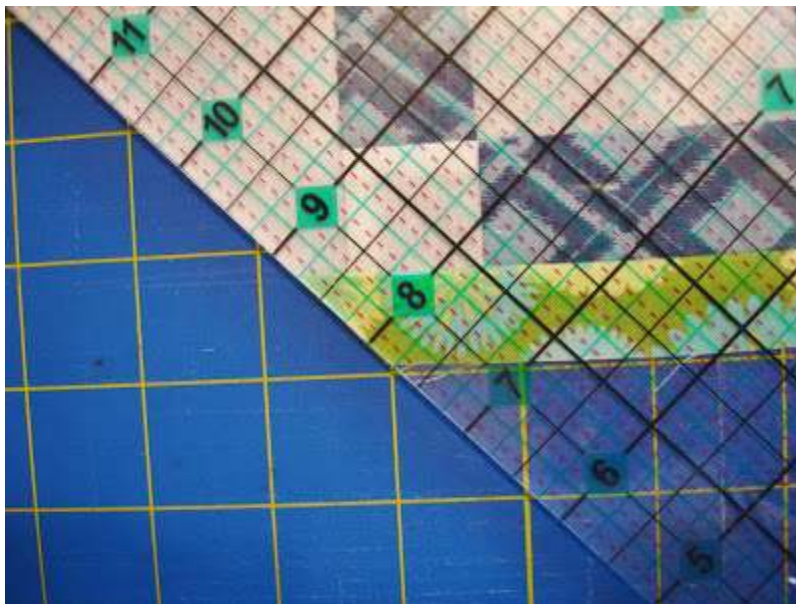


Now sew on the first edge of your inner border. Cut the ends of the border strip flush with the edges of your quilt.

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There needs to be 1/4" left on the long sides of your quilt, where the white triangles are.



Add the rest of your inner border, keeping the same things in mind while cutting the edges.

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Press seams away from the quilt body, towards the inner border.

For the Outer Border, sew those 130 little squares together into one enormous strip. Then add this strip the same way you added your inner border. Pull the outer border snugly as you sew along to prevent having a wavy quilt edge.



Press seams toward the inner border, away from the outer border.

Your quilt top is finished! Sandwich your top, batting and backing and quilt away. Finish off with your binding. (For an excellent binding tutorial, visit [here](#).)

Yield:

One table runner measuring approximately 16" x 42".

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Leah Douglas
{thebugspot.blogspot.com }

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