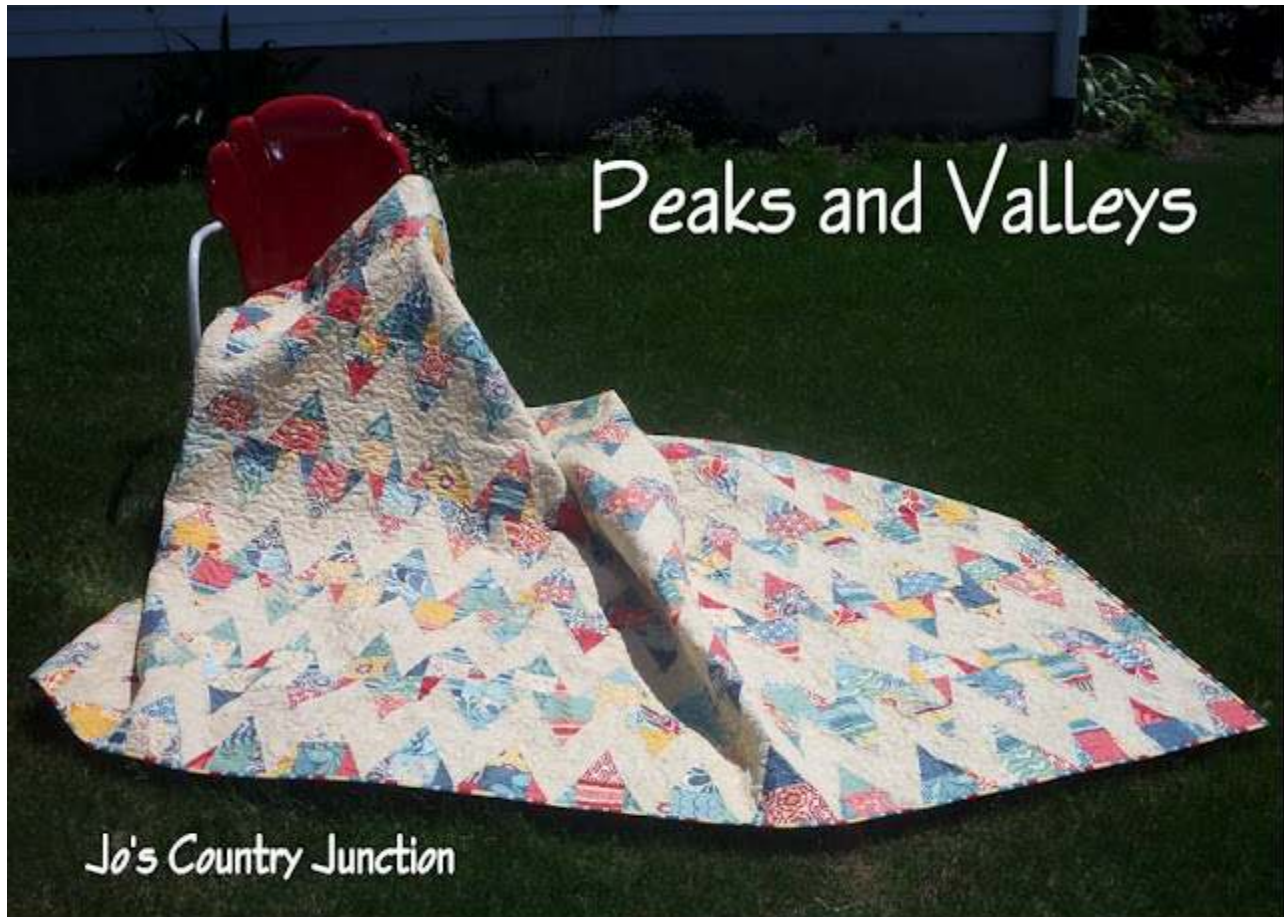


moda

BAKESHOP

Original Recipe



Peaks and Valleys Quilt

Hello...It's Jo from Jo's Country Junction. I was doodling during a long meeting one evening and came up with this quilt design, Peaks and Valleys. Once I got the quilt together then realized I wanted something a little more creative than my typical stippling for the quilting. Dawn, The Pajama Quilter, came to the rescue. She sent a video with a wealth of quilting ideas. I topped the quilt off with a strip border from the Salt Air Fabric line and wa-la...a finished quilt. The colors and prints are very kid-friendly, which makes it a perfect picnic or snuggle quilt for the whole family.

To cut out this quilt you will need a Tri Recs Ruler. Stop over to my blog, Jo's Country Junction, to sign up for a chance to win.

Original Recipe can be found at www.modabakeshop.com

Ingredients:

You will need a tri-recs ruler or a similar ruler that allows you to cut a triangle in a square block.
Fat Quarter Bundle of Salt Air
5 yards Moda Marble
3/4 yard stripe for binding
6.5 yards for backing

Instructions:

Before cutting I want to show you what the block looks like that we will be making.

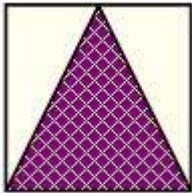


We will be constructing "triangle in a square units" and coupling them with squares to create the block.

Each block consists of:

- 4- cream squares
- 4-colored squares

4-triangle in a square blocks with a colored center



4-triangle in a square blocks with a cream center



56 of these blocks are joined together to create the zig zag Peaks and Valleys design.

Working with this specialty ruler can be a bit tricky but very do-able.

Please note: There is a left and a right side to the small right angled triangles that are sewn to the center triangle.

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To cut these right and left hand side pieces it is important to keep the fabrics laying right sides together as you cut the triangles. This will insure that you will get a right and a left side piece each time you cut. If you are hesitant to use the ruler, there are good videos out that show you how. Here's one.

Let's start cutting:

From the cream background fabric:

Cut 48~ 3.5" strips.

Subcut: 232~ 3 1/2" squares

232 center triangles

232 right handed triangles

232 left handed triangles

Open the fat quarter pack and press the fat quarters. (I did not use the panel that looks like labels.)

Cut four 3 1/2" strips that are 18" long from 29 of the fat quarters.

From each set of strips:

Cut 8~ 3 1/2" squares.

Cut 8~ center triangles

Cut 8~ right handed triangles

Cut 8~left handed triangles

Now that everything is cut, let's start sewing. I sorted my left and right handed colored triangles into piles.

All seams are sewn at 1/4".

Take the cream triangles and add the left hand side piece like this.



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Press the seam to the printed fabric to create this.



Add the right hand triangle next.



Press to the printed piece to create this.



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Repeat to create 232 units. Repeat the process making units with a printed center and cream outer triangles creating 232 units.

Next add a square to each triangle unit as shown. Note that the center of the triangle is the color of square that is added. Make 232 units of each type. Press all seams to the point of the triangle.



Sew the units together in a line as shown. Press all seams to the point of the triangle.



Make 232 units.

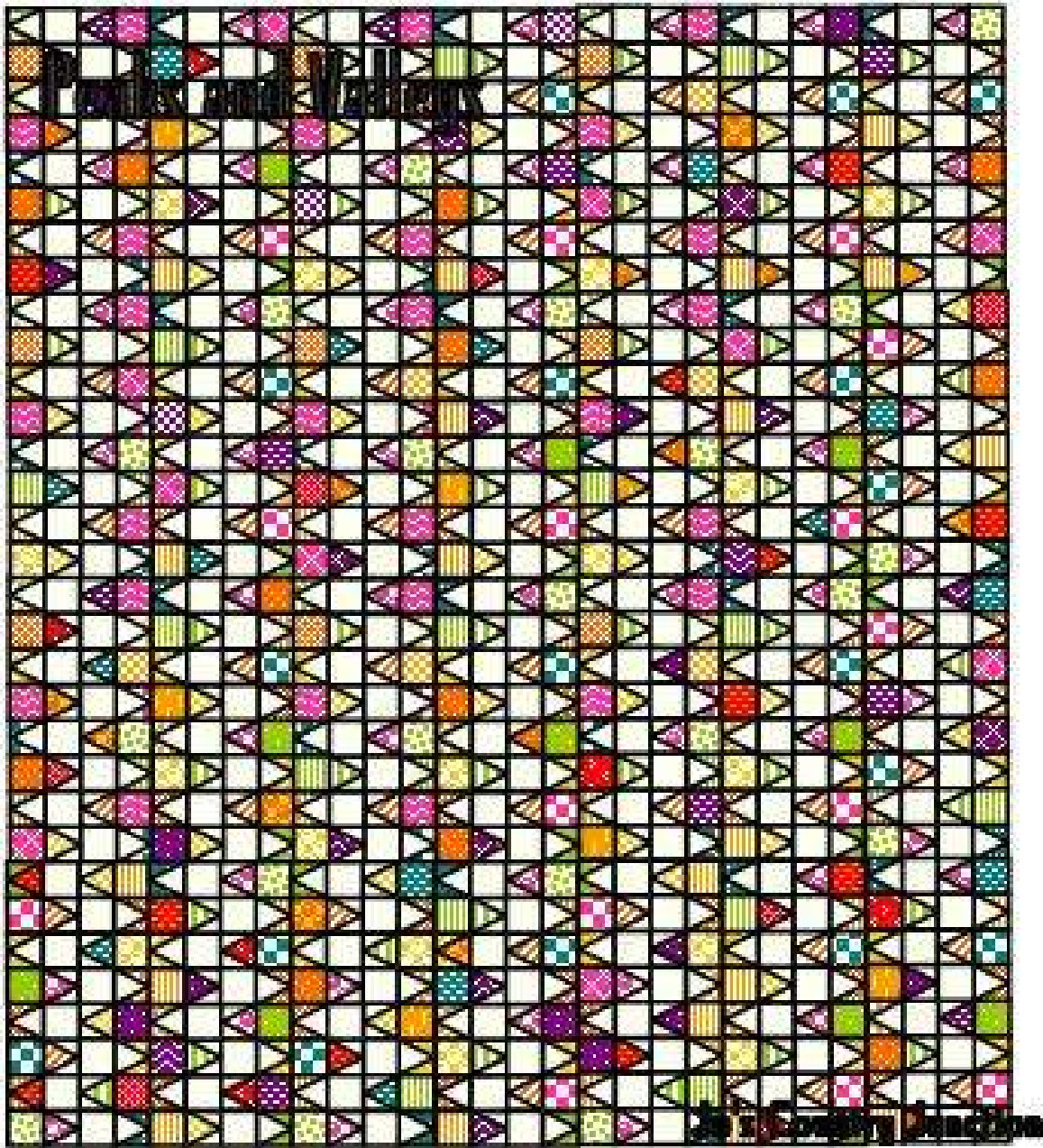
The units now need to be sewn together to make blocks. To do that, arrange four of the strips together as shown.



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Match the seams and sew. Press. Repeat to make 56 blocks. You will have some units left over. Save these to piece the backing.

Sew 8 blocks together in rows. Make 7 rows. Sew the strips together to create the quilt top.



To piece the backing sew the remaining units together into one long strip. Cut the backing in half. Sew a strip of backing to each side of the pieced unit. Press.



Sandwich top, batting and back.

Quilt as desired.

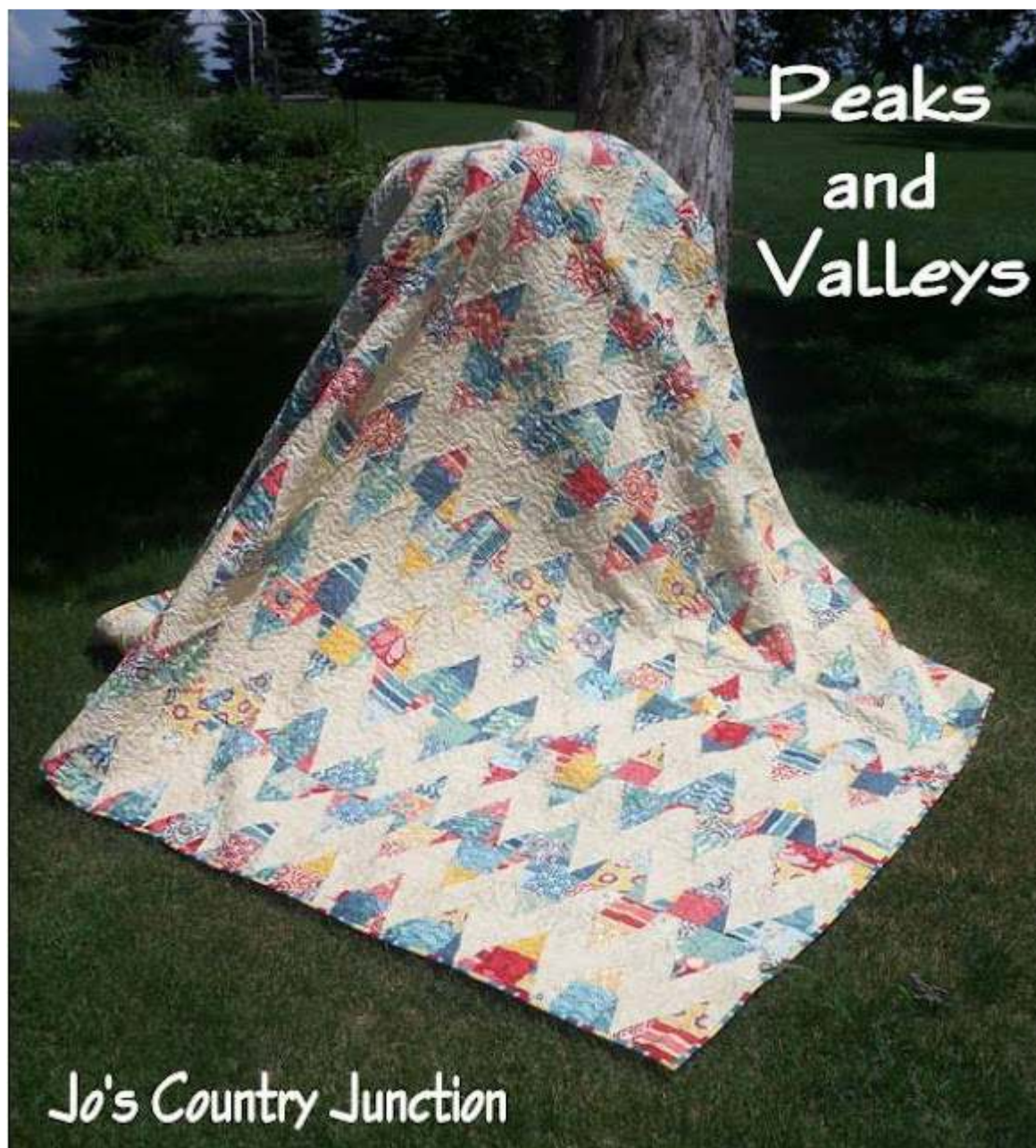


I quilted mine using the Pajama Quilter's flower and ribbons design for quilting in the cream area. I put evergreen type Christmas trees in the colored zig zags. It's free hand quilting. It's the most complicated design I've done but I love it.

Cut 9- 2 1/2" binding strips. Bind.

Original Recipe can be found at www.modabakeshop.com

Yield:



84" x 96" Quilt

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