

# moda

## BAKESHOP

### Original Recipe



### Spring Flowers T-Shirt by Nicole Willmore

#### Ingredients:

White t-shirt

3 - different strips of fabric from a Honey Bun

3 - different 3 x 3" fabrics

3 - buttons

needle and thread

Original Recipe can be found at [www.modabakeshop.com](http://www.modabakeshop.com)

## Instructions:



From your three honey bun strips, iron in half length wise.



Pick three coordinating pieces of fabric.



Cut 1 - 3 x 3" square out of each fabric. (This really does not need to be out of matching fabric, because you wont see it.)



Draw 3 different size circles on each of them. The sizes of the circles are 1 1/2", 1 1/4" and 1". I found that the tops and bottoms of medicine bottles worked great.



Fold the edge of your fabric over onto the back about 1/4" and start sewing. It's hard to tell from the picture but the stitching is on the very edge of the fabric, only about 1/8" in. Note - the raw edges of the fabric are on the inside touching the circle, and the fold is on the outside.

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Sew a little less than 1/2" and then stop. Raise your presser foot and do a 1/4" pleat as close to the front of the presser foot as you can get. Sew until you've done 2 or 3 stitches in the pleat and then repeat, keeping fabric on the outside of the circle.



It should start looking like this.



Keep repeating until you've gone completely around the circle and about 1/2" over the start of the circle. Now start working your way inwards. Start moving the fabric in about 1/4" or less and keep repeating the pleats. Do this until you reach the inside of the circle and the majority or all of the background fabric is covered.



When you reach the inside of the circle and you're ready to finish cut the fabric about 1/4" from the end and tuck if under and stitch. Remember the middle doesn't need to look perfect because it will have a button, and that button can be as big as you want it. :)



Not the greatest picture, but your flower should resemble this.

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Now cut the excess fabric off of the back, around the stitching.



Sew a button onto the front of the flower. Place the flowers where you want them on the t-shirt and pin. With a needle and matching thread start sewing the flowers onto the t-shirt. Note - at first I did this with the knots on the inside of the shirt, but on the others I made I put the knots on the flowers, and tried to cover them by stitching them in between the rows. I was worried the knots would bother my daughter when they rubbed against her skin.

## Yield:

One super cute Spring / Easter T-shirt for your favorite little girl!  
Come over and visit me at my blog - Our Cozy Nest, I'm having a little giveaway!

Nicole Willmore from Our Cozy Nest  
<http://ourcozynest.blogspot.com/>