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BAKESHOP

Original Recipe



Sunkissed Summer Squares by Maria Wallin

Hi everyone! My name is Maria Wallin and I'm so excited about sharing my very first Moda Bake Shop tutorial with you all! =)

I still cannot believe I'm actually "one of the Bake Shop girls!" Ever since I first discovered the online quilting community, these fantastic ladies have inspired me and I'm so happy to be able to share something of my own in return. Please pop over to my blog Not Only Quilts {notonlyquilts.blogspot.com} to see more of my creations revolving around, but not limited to quilts - as you might have guessed from the name ;)

This quilt is something I've had roughly sketched and dreamed about making for some time but had not found the perfect fabric for until I saw the Sunkissed by Sweetwater line. I really hope you'll like it as much as I do.

Original Recipe can be found at www.modabakeshop.com

Ingredients:



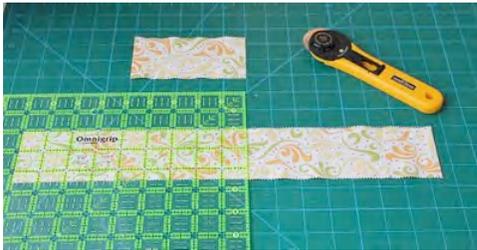
- 1 Charm Pack (Sunkissed by Sweetwater)
- 1 Jelly Roll (Sunkissed by Sweetwater)
- 1/2 yard of white "middle border" fabric (SKU# 9900 98 white)
- 1/4 yard of "border" fabric (SKU#5443 23 orange stripes)
- 3/4 yard of green fabric for binding and applique (SKU#5447 11 green)
- 3 1/2 yards of backing (SKU# 5441 26 swirls)

Garnishes (optional):

- Thread matching the colors of your fabric for applique
- Invisible thread for trapunto
- Choice of your favourite applique tools/fusible web, in my case I used "Steam A Seam" fusible web
- Scrap pieces of batting for trapunto

Instructions:

Step 1 - Cutting



* First, cut each still folded jelly roll strips from the selvage side, leaving one continuous folded piece left once you're done cutting, save that scrap for later. Cut one 5" section and one 9" section from each strip (so you'll end up with two of each piece).

* Then cut two extra "jelly roll strips" (2.5" Width Of Fabric strips, will from here on out be referred to as "WOF"), one from the green yardage and one from the backing. The jelly roll only has 40 strips and we need 42 for this project. Cut them up the same way as the others above.

* Cut 7 strips of 2 1/4" WOF strips of the green yardage for binding right away (if you're using anything but a low loft cotton batting, you might want to increase that to 2 1/2"), the rest can then safely be used for applique.

- Cut your white yardage to two 9" WOF strips, cut one in half at the fold (you'll only use one of the halves, the other is a scrap).



* Cut your orange striped yardage into 3 2.5" WOF strips. Split one of them in half at the fold like with the white fabric, but of this we'll use both halves.

Step 2 - Assemble your quilt blocks



This part is very simple. Take one of the charm squares and add two of the 5" jelly roll strips to the sides. If you have directional fabric, make sure you align them the way you want them to be aligned now and put the short stripes on the left and right side of the block.



Press the seams apart to reduce bulk and add your 9" stripes to the sides. Put aside the extra piece of jelly roll for later (we'll use some of them for applique).

Make 42 blocks.

Step 3 - Assembling parts of your top



Layout your quilt blocks in a pleasing pattern in a 2x6 pattern and then in a 5x6 pattern for the rest of the blocks.

Sew your rows together, then iron the seams of the rows in opposite directions so you can nest the seams when you assemble it. Join your first two rows, then *don't* join those with the last five but instead join the last five as their own separate section.

Step 4 - Making the "middle border"



Sew together the white fabric the one WOF piece to the half WOF piece giving you a continuous 66" long white piece. Do the same with the orange strips, sew one half orange strip to a full WOF strip, giving you 2 66" x 2.5" orange strips.

Attach the orange strips to the sides of the white one.

Press seams apart to reduce bulk here as we'll be doing applique on top of it.



Then lay it out next to your quilt and cut away the excess fabric.

Step 5 - Applique and trapunto

We haven't assembled our entire top because you would have one rather bulky piece to work with at this point, making it much more difficult.

Now you can either just choose your favourite method of applique and skip the step 5 instructions below or follow along as we make a simple trapunto applique variant here. I'm sure there are tons of better ways/more correct ways to do trapunto - I'm very much a beginner at this, this is just the method I came up with for this quilt.

Step A - Drawing and cutting your applique pieces

Trace all your applique pieces (the ones I drew and used can be downloaded in the printable version of this post) onto your choice of fusible web, leaving a little space around each so you can attach them to the fabric and cut around them.

I personally like to use Steam A Seam (have yet to try the "lite" version, I'm sure I'll love it even more) as it's double stick and therefore allows you to rearrange your pieces while they still stick to the fabric. You can move your work around with the pieces in place before you've ironed them on permanently, allowing for more precise placements. If using it for the first time, make sure you read the instructions, as it's a little different from normal fusible web.

Step B - Attach and cut your applique shapes



The pieces of jelly roll scraps should fit 5 of the big petals. Choose a print you really like for this as it will be a big focus piece:



For the center of your flower and your small flowers that you'll be putting in the intersections of the blocks, you'll probably want to double your fabric so nothing can be seen through your applique shapes. Simply add some fusible web in the rough size of your flower to your strip, fold it in half, fuse with the iron, and then add your applique shape.



Cut out your applique shapes and arrange them in a pleasing manner before ironing them down:

Spread out the little flowers in intersections over the quilt as desired/use them to embellish the white border more or maybe you wish to just leave them out.

Step C - Adding batting for trapunto effect



Now take a big scrap piece of batting that covers your entire flower and some area around it and pin it carefully in place a little outside of your applique.



Once pinned securely in place, roughly but carefully cut around the pins on the outside to remove any excess batting and thereby avoid any "double batting mishaps" (I learned that the hard way) that can happen otherwise if you leave the unpinned batting in place once we get to the FMQ part. Please use blunt tipped scissors and go slowly to make sure you don't cut into your fabric.

Step D - Sewing your raw edge applique



Attach your FMQ foot to your machine and lower your feed dogs. Don't be afraid of this even if you're a beginner like me at FMQ; it's quite easy to get a nice result if you just go slowly. Thread your machine with a thread matching the color of the applique piece you'll be working on. Bring up your thread an inch or so outside of the applique shape.



Then move to your applique's edge and take a few short stitches close to each other to secure the thread while still holding onto your thread tails. This way you won't have to tie your threads; you can just clip them.



Carefully sew around the edge of your applique, and once you've moved away from your starting area, you can clip the top thread. You do this as we go around the applique shapes at least twice to get a nice stitch line (the thread could tangle otherwise).



Sew around all of your shapes. If you want add more layers of batting for extra effects in places, feel free. I choose to do so for the center of the big flower once I'd sewn around it's edges, I just added a second, small piece of batting in the area you want to highlight.



When all seams are done, *very carefully* cut away excess batting around your trapuntoed areas, taking much care to not clip into your fabric! If you don't feel comfortable clipping as close as I did, don't worry about it; it'll look great anyway. It's much more important to have a top without holes in it!

Step 6 - Assembling your quilt top



Assemble your quilt top by sewing the top and bottom sections onto the middle border we just finished.



Step 7 - Baste and quilt

Back and baste your quilt with you preferred method (you can use up the rest of the jellyroll scraps and make a pieced back?) and quilt your top. I choose to do a loose loop-de-loop pattern with little flowers thrown in the mix for good measure on the squares and then a meandering stipple for the white section to really make the trapunto pop.

Step 8 - Finishing up the trapunto



When your entire quilt is quilted as desired, change to invisible thread in your machine and stitch over all seams in your trapuntoed areas with invisible thread in each seam. This will really bring out the effects of the trapunto.



It will make the applique stand out all full and nice. The picture doesn't really do the effect justice, but at least you get the idea!

Step 9 - Bind and you're done! =)

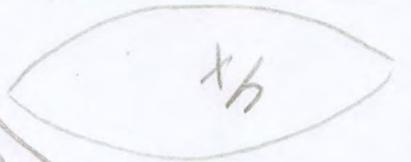
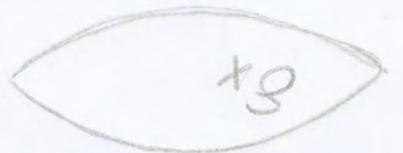
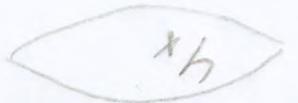
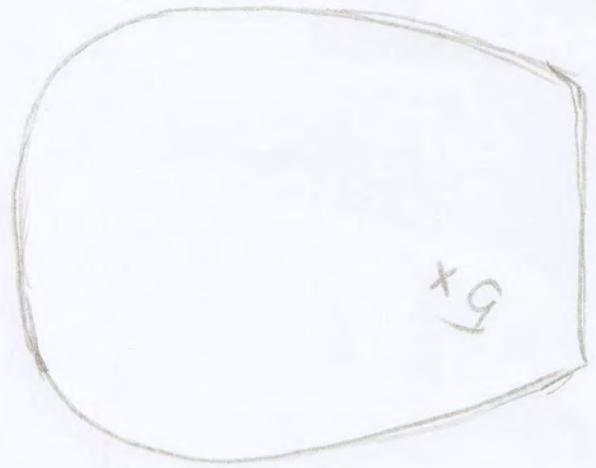


Yield:

One very summery, super yummy ~50" x 70" Sunkissed Summer Squares quilt!

I hope you've enjoyed reading this tutorial as much as I enjoyed making it! If you end up making one of these - I'd so love to see it! Please send me an email {maria@induztrial.net} with a picture =)

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1x right side, 1x mirrored

