New Collection for a Cause Series!
Featuring fabrics from an 1835 French mill book from the Howard Marcus Collection.
Collection for a Cause

Mill Book Series

Circa 1835

Howard Marcus

Finished Quilt: 72"x72"

Quilters Basics
Read instructions before beginning a project.
All instructions include a ¼" seam allowance.
Press as you go. Press seams in one direction.
22" measurement is approximate.
WOF = Width of Fabric
LOF = Length of Fabric

Cutting

**Fabric 1**
First cut 3½"xWOF strips
Then cut 2½"x Length of Fabric (LOF) strips (approx. 79")
From the remaining fabric (23"x79")
Cut 1½"xWOF (23") strip
Cut 5½"x Length of Fabric (LOF) strips (approx. 69") for binding.
See cutting diagram.

**Fabric 2**
Cut 1½"xWOF strip
Subcut 4½"x1½" squares for appliqué and background
Cut 6½"xWOF strips for inner border.

**Fabric 3**
Cut 12½"xWOF strips
Subcut 2½"x Length of Fabric (LOF) strips (approx. 79")
Cut 1½"xWOF strip
Subcut 4½"x1½" squares for appliqué and background
Cut 6½"xWOF strips for inner border.
Cut 8½"xWOF strips for flange (optional).

**Fabric 4**
Cut 3½"xWOF strips
Subcut 3½"x2½" squares for flying geese units

**Fabric 5**
Cut 3½"xWOF strips
Subcut 3½"x2½" squares for flying geese units

**Fabric 6**
Cut 6½"xWOF strips
Subcut 1½"x1½" squares for snowball corners
Cut 3½"xWOF strips
Subcut 3½"x2½" squares for flying geese units

**Fabric 7**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 8**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 9**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 10**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 11**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 12**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabric 13**
Cut 2½"x22" strips
Subcut 2½"x22" strips

**Fabrics 14, 15, 16, 17 and 18**
From EACH fat quarter
Cut 3½"x22" strips
Subcut 3½"x22" strips
Subcut 3½"x22" strips
Subcut 3½"x22" strips
Subcut 3½"x22" strips
**Star Blocks**

Each star block requires 4–2½” squares, 1–4¼” x 4¼” square for flying geese, 4–2” corner squares and 1–3½” center square.

The directions that follow are for making 1 star block.

Repeat steps below to make a total of 28 star blocks – 10 with red points, 9 with green and 9 with lavender.

**Piecing Flying Geese Units**

1. Using a mechanical pencil, draw a diagonal line on the wrong side of four matching 2½” squares.
2. With right sides together place 2 marked squares in opposite corners of a 4¼” square. Align edges and drawn lines, and then stitch ⅛” on opposite sides of drawn line. See Step 2.
3. Use a rotary cutter and ruler to cut on drawn lines. Press seam toward triangles. Yield: 2 units.
4. Align edges of another marked square with bottom of sewn unit. Stitch ⅛” on opposite sides of drawn line. Cut on marked line. Press. Unit should measure 2” x 3½” with seams. Yield: 2 flying geese units.
5. Repeat Step 4 to make two additional flying geese units. Yield: 4 matching flying geese units for each star block.

**Assembling Star Block**

1. Sew a 2” x 2” corner square to opposite ends of 2 of the flying geese units. Press seams toward corner squares.
2. Add remaining 2 flying geese units to opposite sides of 3½” x 3½” center square. Press seams toward center.
3. Stitch units for Step 1 to the top and bottom of block. Press seams toward center. Block should measure 6½” x 6½” with seams. Yield: 1 star block.

Make a total of 28 star blocks.

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**What is a Mill Book?**

A Mill Book or Swatch Book contains samples of printed fabrics. Many fabric mills kept a small piece of every print they produced in a series of scrapbooks. Others kept swatches of designs printed by the competition. Our Circa 1835 Mill Book is full of samples from several different mills in France...perhaps saved as an idea book by a designer or technician.
**Snowball Blocks**

Each snowball block requires 1 – 3½” center square and 4 – 1½” corner squares. Make a total of 108 snowball blocks, 36 with lavender corners and 72 with rose corners. For the 36 lavender blocks use 4 – 3½” center squares from each of the following Fabrics 10, 11, 12, 14, 15, 16, 17, 18 plus 4 more of your choice. *(Note there will be 4 extra center squares).* Directions are for one snowball block.

1. Using a mechanical pencil draw a diagonal line on the wrong side of the 4 – 1½”x1½” squares.

2. With right sides together align edges and pin marked squares in corners of 3½” square. *Note direction of marked lines.*

3. Stitch on marked lines.

4. Trim corner outside of the stitched line leaving a scant ¼” seam allowance. Press triangles toward corners. Block should measure 3½”x3½” with seams.

Repeat steps above to make a total of 108 snowball blocks – 36 with lavender corners and 72 with rose corners.

**Reel Blocks**

The reel blocks may be appliquéd by hand or machine.

1. Use enclosed pattern to make a template to cut 2 reels from both Fabric 2 and Fabric 3. Template does not include seam allowance.

2. Fold 10½” background squares (2 cream and 2 rose) in quarters. Press lightly to find center of blocks.

3. Center prepared reel blocks on background squares and hand or machine appliqué. Press from back of block when appliqué is completed.

4. Center and trim completed blocks to measure 9½”x9½” with seams.

5. Refer to quilt diagram on the left for placement and join appliqué blocks together to make center of quilt. Stitched center unit should measure 18½”x18½” with seams.
**Snowball Blocks**

1. Refer to quilt image on cover and diagram on right for color placement to assemble snowball blocks into rows and sets as follows:
   - Note placement of the "L" blocks. Press seams in opposite directions from row to row.
   - 3 rows of 12 for top of quilt center.
   - 3 rows of 12 for bottom of quilt center.
   - 6 rows of 3 for left side of center.
   - 6 rows of 3 for right side of center.

2. Add left side unit to center blocks. Press seam toward center.

3. Repeat with right side unit. Press seam toward center.

4. Add units to top and bottom of center unit. Press seam toward center.

   Center unit with snowball blocks added should measure 36½" x 36½" with seams.

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**Star Blocks**

Refer to quilt image on cover for color placement.

1. Piece 2 rows of 8 star blocks. Press in alternate directions.

2. Piece 2 columns of 6 star blocks. Press.

3. Add columns to opposite sides of quilt. Press.

4. Add assemble rows to top and bottom of quilt. Press.

Quilt top should measure 48½" x 48½" with seams.

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Make 2 Rows

Make 2 Columns
**Cream Border – Fabric 2**

1. Using a diagonal seam, join the 6–2½” x WOF strips end to end. Press seams open.

2. Measure quilt top from side to side through the center. Cut 2 border strips to that measurement (approx. 48½”). Add to top and bottom of quilt. Press seams toward border.

3. Measure quilt top from top to bottom through the center. Cut 2 side borders to that measurement (approx. 52½”). Add to opposite sides of quilt top. **Quilt top should measure 52½” x 52½” with seams.**

**Rose Border Inner Border – Fabric 3**

1. Using a diagonal seam, join the 6–1½” x WOF strips end to end. Press seams open.

2. Measure quilt top from side to side through the center. Cut 2 border strips to that measurement (approx. 52½”). Add to top and bottom of quilt. Press seams toward border.

3. Measure quilt top from top to bottom through the center. Cut 2 side borders to that measurement (approx. 54½”). Add to opposite sides of quilt top. Press seams toward border. **Quilt top should measure 54½” x 54½” with seams.**

**Outer Borders**

1. Join the 3–9½” x WOF strips and the 9½” x 23” strip together end to end. Press seams open.

2. Measure quilt top from side to side through the center. From the strip pieced in Step 1 cut 2 outer border strips to that measurement (approx. 54½”). Add to top and bottom of quilt. Press seams toward border.

3. Measure quilt top from top to bottom through the center. From the length of fabric strips cut 2 side borders to that measurement (approx. 72½”). Add to opposite sides of quilt top. Press seams toward border. **Quilt top should measure 72½” x 72½” with seams.**

**Finishing**

Using a diagonal seam, join the 5–2½” x LOF strips end to end. Press seams open. Fold prepared strip in half wrong sides together and press to make the binding.

Layer, Quilt, add Flange (if desired) and Bind

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**Optional Flange**

After quilt has been quilted, trim and square up edges. Prepare and add flange before binding.

1. Join 8–2” x WOF strips end to end using a diagonal seam. Press seams open.

2. Fold prepared strip in half wrong sides together. Press.

3. Measure trimmed quilt from top to bottom through the center.

4. Cut 4 flange strips to that measurement (approx. 72½”).

4. Align edges and pin or baste flange strips first to the top and bottom of the quilt and then to sides. Fold of flange should face center of quilt.

*Note: Strips will overlap in corners. Flange will be “sandwiched” between quilt top and binding. It will be stitched at the same time as the binding.*
Reel Template

Template is full size. Template does not include seam allowance.

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Template Size: 8"x8"
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Fabric Requirements

Fabric 1  3 yds  Fabric 2  ¾ yd  Fabric 3  1½ yds  Fabric 4  ¾ yd  Fabric 5  ¾ yd
46150.11  9900.60  46159.24  46159.16  46159.19

Fabric 6  ½ yd  Fabric 7  F8  Fabric 8  F8  Fabric 9  F8  Fabric 10  ½ yd
46159.22  46157.11  46157.13  46157.12  46155.13

Fabric 11  ½ yd  Fabric 12  FQ  Fabric 13  ¾ yd  Fabric 14  FQ  Fabric 15  FQ
46159.12  46156.11  46156.13  46156.14  46154.11

Fabric 16  FQ  Fabric 17  FQ  Fabric 18  FQ
46155.14  46151.12  46159.14

Backing – 4½ yds.

- Skill Level: Intermediate
- Kit yardage may vary from amounts given on this project sheet.

Supporting the Cause...

As an avid collector of antique quilts and textiles, Howard Marcus has used his passion to give back to various charities and causes by donating proceeds from the sales of his Collections for a Cause fabric collections. The latest addition to this ongoing program is Collections for a Cause: The Mill Book Series, Circa 1835.

This series compiles reproduction prints from the many mill books in his library. Each mill book contains hundreds of antique swatches documenting prints of the time. Authentic in color and in scale, this beautiful new circa 1835 collection showcases the fine, delicate print quality of the period. Profits from The Mill Book Series collections will directly benefit the quilting community by funding an endowment to the American Quilt Study Group for educational programs, more scholarship opportunities, and to enhance the abilities of the AQSG to have a more prominent impact in the quilt world.

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