Double Chocolat
3 Sisters

Quilt is 76” x 80”.

Quilters Basics
Read instructions before beginning a project.
All instructions include a ¼” seam allowance.
Press as you go. Press seams in one direction
22” measurement is approximate.
WOF = Width of Fabric.

Cutting

Dresden Plates & Border:
From EACH of the 28 Fat Eighths cut:
1–8” x 22” strip
From EACH of the 11–¼ yards cut:
1–8” x WOF strip
  subcut 2-8” x 22” strips

Center Circle:
2–7” x WOF strips
  subcut 9–7” x 7” squares

Background and Binding:
5–21½” x WOF strips
  cut carefully
  subcut 9–21½” x 21½” squares
4–2½” x WOF strips for sashings
  sew strips together then cut
  2–2½” x 60½” sashing strips
8–2½” x WOF strips for binding

Wonder Under:
9–6½” x 6½” squares (for Center Circle)

Templates:
From the Template plastic cut
1–6” circle template

Quilt Construction

1 Dresden Plates & Border:
  (A) Using the 6” circle template, draw a circle on the back of each
  Center Circle square. Layer the Center Circle & the Wonder Under
  right sides together. Stitch on the drawn line. Cut out ¼” from the
  stitching and then trim the web slightly smaller than the Center
  Circle. Slit the web. Turn the Center Circle right side out. Do not press,
  remember that the web has fusible on both sides. Make 9 Center Circles.

  (B) Align the top and bottom of the EZ Dresden Ruler™ with the edges
  of an 8” x 22” strip. From the strip cut 8 Dresden blades, rotating the
  ruler as you cut. Cut a total of 380 blades from the 8” x 22” strips.

        8”

        Cut 8 blades from each strip. You need 380.

  (C) Combine 20 blades to make one Dresden Plate. Press the seams open.
  Use your appliqué method of choice to appliqué a Dresden Plate
  on a 21½” Background square. Fuse (following the manufacturer’s
  instructions) and stitch the Center Circle. Make 9 Dresden Plates.
  (We used needleturn to turn the edges of the Dresden Plate and
  a buttonhole stitch to stitch the Dresden Plate to the Background
  square. We used a running stitch to stitch the Center Circle in place.)

  Join 20 blades.

  Dresden Plate
  Make 9.
**Embroidery:** Add embroidery to the blades and Center Circles. Trim the blocks using your Omnigrid 20.5 Ruler to 20½" square.

**Assembly:** Join 3 Dresden Plates to make one row. Make 3 rows. Sew 3 Dresden Plate rows and 2-2½" x 60½" Background strips together as shown to make the quilt center.

**Pieced Border:** Join 42 blades to make a side border. *Note how the blades are rotated.* Make 2 side borders. Join 50 blades to make a top border. Repeat to make the bottom border.

Center and add the shorter Borders to the sides of the quilt. *The Borders are longer than necessary to allow adjustments for positioning.* Trim the Borders even with the quilt top. Add the Borders to the top and bottom of the quilt top. Trim the Borders even with the quilt top.

We added additional embroidery to the quilt top between the Plates.

Sew the 8 Binding strips together end to end. Layer, quilt and bind. ENJOY!
Double Chocolat
This is the embroidery which we added between the plates. It is actual size and has not been reversed.

Lazy Daisy
French Knot center

Stem Stitch

French Knots

Lazy Daisy

Outline Stitch

Buttonhole Stitch

There are many excellent books and websites showing different embroidery stitches. We suggest:
“Allie Aller’s Crazy Quilting”
“Crazy Quilting the Complete Guide”
“The Art of Elegant Hand Embroidery, Embellishment and Appliqué”
http://inaminuteago.com/stitchindex.html
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Fabric Requirements

Dresden Plates & Border:
28 assorted Fat Eighths (9" x 22")
11 assorted ¼ yards
Optional: for additional interest and dimension, add textures, wovens and velvets

Center Circle: ½ yard      (4092 23)

Background & Binding: 4½ yards* (3835 41)

Backing*: 5 yards

EZ Dresden Ruler (#8829306)

1 Template Plastic 12" x 18" (#882670051)

Pellon 807 Wonder Under Fusible Web 20": 1 yard

Omigrid 20.5” Ruler (RN205)

* fabric must be at least 43” wide or you will need 5½ yards

Double Chocolat

6" Circle template
Actual size.
Seam allowance not included.
Special thanks to Debbi Duckworth, Julie Hardgrave, and Lissa Alexander for their beautiful stitching!