



3 Sisters
Winterlude

Table Runner Size: 51" x 25½"

Fabric Requirements

- 1 HoneyBun™ or 40 – 1½" x WOF strips for blocks
- Fabric 1 – background (44045-11) outer border..¾ yd.
- Fabric 2 – "word" fabric (44046-12) inner border ⅝ yd.
- Fabric 3 – red aged solid (44019-25) flange.....¼ yd.
- Fabric 4 – green aged solid (44019-24) binding ...⅜ yd.
- Backing..... 1¾ yards



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Quilters Basics

*Read instructions before beginning a project.
 All instructions include a ¼" seam allowance.
 Press as you go. Press seams in direction of arrows.
 WOF = Width of Fabric*

Cutting

Note: It is important to label and sort the various pieces as they are cut.

Fabric 1-Background

Cut 6–3¼" x WOF strips
 Subcut 64–3¼" x 3¼" squares cut once diagonally

Fabric 2-Inner Border

Cut 4–3" x **Length** of fabric strips. Join strips end to end for top and bottom inner borders. Press seams in one direction
 Cut 1–2¼" x WOF strip (approx. 28")
 from that strip cut 2–2¼" x 12½" strips for inner border sides.

Fabric 3 Flange

Cut 3–1¼" x WOF strips

Fabric 4 Binding

Cut 5–2" x WOF strips.



Cutting – cont.

HoneyBun™

Label and sort pieces as you cut.

SORTING

1. Pull out the aged solid red and green strips plus the cream dottie strip that matches Fabric 1. Set these strips aside for mini log cabin centers
2. Select 21 HoneyBun™ strips for the mini log cabin blocks. *Note: Choose a minimum of 21 strips as we did, or choose more strips if you prefer a scrappier table runner.*

CENTERS

From **each** of the 3 reserved HoneyBun™ strips (red, green and cream) cut 28–1½" x 1½" squares. *Note: Cut carefully as you will be using 42" of each strip.*

STRIPS FOR LOG CABIN BLOCKS

From **each** of the 21 (or more) selected HoneyBun™ strips cut:

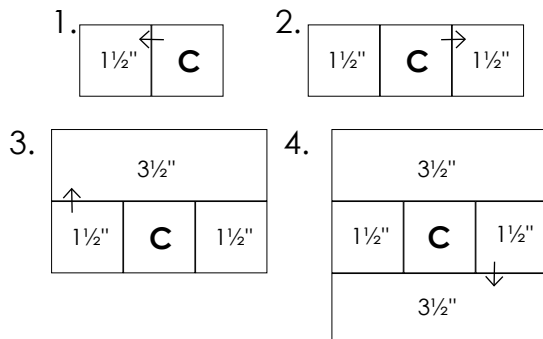
- 8–1½" squares
- 8–3½" strips

Note: The pieces from each strip make 4 mini log cabin blocks. Eighty-four blocks are needed for this project. If you choose to use more than 21 strips cut fewer units from each strip to reach the 84 block total. Just be sure to cut in matching sets of 2 squares and 2–3½" strips.

Construction

Mini Log Cabin Blocks– Make 84

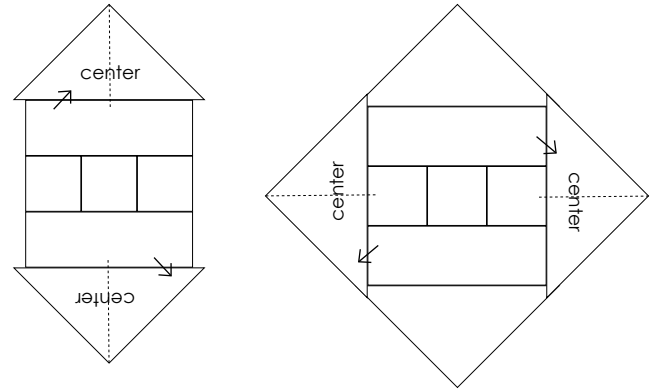
Each block requires: 1 – center square (red, green or cream), 2–1½" squares, and 2–3½" strips.



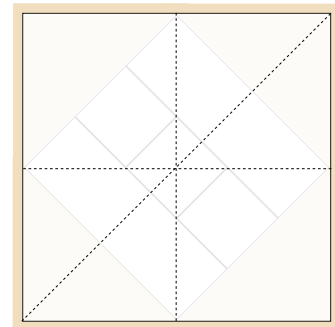
Make 84
Blocks should measure 3½"x3½" with seams.

Add Background Triangles – Make 32 blocks

1. Choose 32 mini log cabin blocks in assorted colors for the outer border blocks. Center and stitch Fabric 1 triangles to opposite sides of block. Press seams toward triangles. Repeat to add triangles to remaining sides of block. *See diagram below.*
2. Using a rotary cutter and ruler trim and square up block to measure 4¾" x 4¾" with seams.

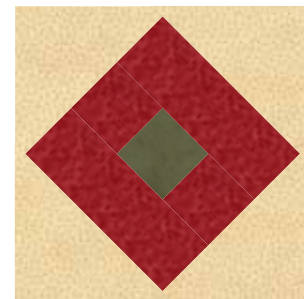


Square up block to 4¾"x4¾" with seams



Outer Border Blocks – Make 32

4¾"x4¾" with seams



4¾"x4¾" with seams

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Construction – cont.

3. Stitch outer border blocks into 2 rows of 10 for top and bottom of runner and 2 rows of 6 for sides of runner.



2 rows of 10



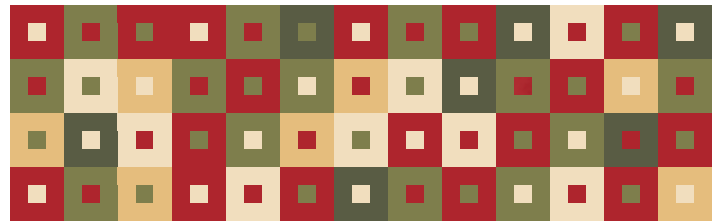
2 rows of 6

Center – Log Cabin Blocks

Arrange the remaining 52 mini log cabin blocks on a design wall – 4 rows of 13 blocks.

Stitch each row of thirteen blocks together. Press seams in opposite directions from row to row.

Join the 4 rows to complete center. Press seams in one direction.



Inner Border

1. Stitch $2\frac{1}{4}$ " x $12\frac{1}{2}$ " strips to short sides of runner. Press seams toward border fabric.
2. Carefully cut 2 – 43" inner border strips from the 4 joined 3" x Length of fabric strips.
3. Noting direction of words in the fabric add prepared strips to top and bottom of runner.

Runner should measure 43 " x $17\frac{1}{2}$ " with seams.

Outer Border

1. Stitch the 2 – 10 block borders to top and bottom of runner. Press seams toward outer border.
2. Add the 2 – 6 block borders to opposite sides of runner. Press toward outer border.

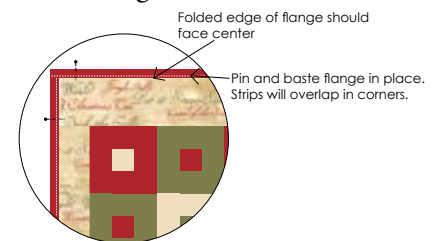
Table runner should measure $51\frac{1}{2}$ " x 26 "

Finishing

1. Using a diagonal seam, join the 5 – 2" x WOF strips end to end. Press seams open.
2. Fold prepared strip in half wrong sides together and press to make the binding.
3. Layer, Quilt and Bind.

ADDING THE FLANGE

1. Fold the $3-1\frac{1}{4}$ " x WOF strips in half wrong sides together. Press.
2. Cut 2 – $17\frac{1}{2}$ " flanges for sides of runner and 2 – 43" flanges for top and bottom.
3. Align raw edges, pin and baste flange pieces first to the sides of the runner and then to top and bottom. The fold of flange should face the center of the runner.



- ✓ **Note:** Strips will overlap in corners. Flange will be "sandwiched" between quilt top and outer border and will be stitched at the same time as the outer border.



Runner should measure $51\frac{1}{2}$ " x 26 " with seams.

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